

## Tea Menu - Week 3



### MONDAY

Assorted wraps; Cheese, chicken, egg and accompanied with vegetable crudities.

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Fresh blueberries served with dried apricots.

### TUESDAY

Three bean and tomato couscous.

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Sliced pears served with raisins.

### WEDNESDAY

Beef sausages served in a finger roll and accompanied with baby corn and pepper sticks and chopped olives.

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Sliced apples served with dried dates.

### THURSDAY

Gnocchi and tomato bake mixed with onions, spinach and cannelloni beans.

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Homemade tropical ice blocks.

### FRIDAY

Homemade carrot muffins served with spaghetti hoops.

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Sliced nectarines served with sweet clementine segments.