

Lunch Menu – Week 2



MONDAY

Cod fillets served with parmentier potatoes, sliced carrots and kale and accompanied with a homemade parsley butter sauce.

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Seasonal fruit salad.

TUESDAY

Beef mince chilli with brown onion, kidney beans and chopped tomatoes served with brown rice.

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Dried apricots served with grape quarters.

WEDNESDAY

Roast chicken and roast potatoes accompanied with Mediterranean roasted vegetables.

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Homemade cinnamon and raisin cookies.

THURSDAY

Pepper, aubergine, tomato and onion lasagne served with warm garlic bread slices.

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Sliced bananas served with strawberry quarters.

FRIDAY

Moroccan lamb with red onion, chopped apricots and chickpeas in a tomato sauce. Accompanied with couscous and green beans.

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Sliced apples and pears.

Vegetarian Lunch Menu - Week 2



MONDAY

Moroccan falafels served with parmentier potatoes, sliced carrots and kale and accompanied with a homemade parsley butter sauce.

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Seasonal fruit salad.

TUESDAY

Quorn mince chilli with brown onion, kidney beans and chopped tomatoes served with brown rice.

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Dried apricots served with grape quarters.

WEDNESDAY

Quorn fillets served with roast potatoes and accompanied with Mediterranean roasted vegetables.

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Homemade cinnamon and raisin cookies.

THURSDAY

Pepper, aubergine, tomato and onion lasagne served with warm garlic bread slices.

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Sliced bananas served with strawberry quarters.

FRIDAY

Moroccan curry with red onion, chopped apricots and chickpeas in a tomato sauce. Accompanied with couscous and green beans.

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Sliced apples and pears.